

<div>Monday</div> <div>6:30 - 7:15</div> <div>META</div> <div>Sameer Boodoo</div>	<div>Tuesday</div> <div>6:30 - 7:30</div> <div>KOMBAFIT</div> <div>Jeremie Gaspard</div>	<div>Wednesday</div> <div>10:30 - 11:30</div> <div>IBIZA</div> <div>Z - Aerobic Room</div> <div>6:30 - 7:30</div> <div>OASIS</div> <div>Z - Aerobic Room</div>	<div>Thursday</div>	<div>Friday</div>	<div>Saturday</div> <div>10:00 - 11:00</div> <div>AQUAFIT</div> <div>Sameer Boodoo</div>	<div>Sunday</div>
---	--	--	---------------------	-------------------	--	-------------------

Week of October 26, 2026 - November 1, 2026